

NLT Christmas Cards for

sale



Riding to Bethlehem

14cm
Square
(large)



Travelling Kings



Gifts from Afar

10.8cm
Square
(small)



Gold, Frankincense & Myrrh



Peace on Earth



Road to Bethlehem



Star over Bethlehem

Large: £4.00 per pack of 10

Small: £3.50 per pack of 10

Add £0.95 P&P for small cards and £1.30 P&P for larger cards. *Discounts for larger quantities*

To Order

email: info@nlt.org.uk

or ring: 020 8940 1200

Speaking Team!

Enid, Mildred, and Mike would love to visit your church, school, club or group to share about the work of NLT, life in Nepal, etc, with video and/or slides. We do not make a charge for this, but we do like to bring NLT handicrafts to sell!

Help in the office at Richmond is still needed, and we would be thrilled to hear from anyone who would like to spend a few hours a week helping with various administrative tasks, and/or helping at fairs and events locally. Please ring or email: 020 8940 1200 / info@nlt.org.uk

Twitter



Follow NLT on Twitter.
You can go to our website to see the tweets or, if you are a tweeter, follow us at:-
[@NepalLeprosyTr](https://twitter.com/NepalLeprosyTr)

For information concerning NLT please phone **Enid or Mike 020 8940 1200** or email at **info@nlt.org.uk**

If you would like to receive your copy of the newsletter by email and save NLT some postage, please let us know by emailing us at info@nlt.org.uk

Published by: Nepal Leprosy Trust, 10A The Vineyard, Richmond, TW10 6AQ (England)

Telephone: 020 8940 1200; Email: info@nlt.org.uk; Website: www.nlt.org.uk

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Nepal Leprosy Trust

Changing lives

Celebrating a Silver Jubilee



November 7th was a very special day at Lalgadh as many people gathered to celebrate the 25th anniversary of Lalgadh Church, which officially began in 1993. There were representatives from many places, including Norman Meeten, the Chairman of NLT in 1993 who was present when the church began, and Mike Wells, the engineer

who oversaw construction of Lalgadh. Another key person there was Mr Durgha Singh, who played an important part in Eileen Lodge's first steps in establishing the work of NLT at Kathmandu. Durgha was badly affected by leprosy, but became the trainer and supervisor for many others when the handicraft workshops were being set up in the 1970s. Durgha has long since retired, but remains an important part of NLT's history.

In his address, Norman Meeten reminded everyone of the way that the Lord had established Lalgadh Hospital miraculously and against all the odds. As the chairman of NLT, Norman had told Eileen Lodge at the start that he would not ask people for money but would trust for what was needed to establish the work. Within a week he had been given a surprise gift of over £100,000 towards the hospital, and he took that as the downpayment and guarantee by God that everything would be provided. The rest is history, and 25 years later we can only be amazed by God's utter faithfulness. The church at Lalgadh has always



underpinned the challenging work of the Leprosy Centre with prayer, trusting that God will provide the resources and answers for every step of His work. Watching the many young folk involved in the celebration, as they sang and danced for everyone, gave great confidence that the next 25 years is already starting to unfold.

Another celebration is also due because on the 3rd November the road outside NLT's Kathmandu office was finally completed! The months and years of misery, demolition, reconstruction, further threats, mud, dust and more dust are at an end. We are so grateful to all who prayed and contributed in different ways to help the team at Kathmandu come through this. And the team themselves deeply appreciate the prayer and concern that has been expressed to them during this difficult journey. **Many Thanks!**



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Payan, Pradeep and Assis - lives on hold...

Mike Houghton and Sue Wells visited Lalgadh in November and met these precious people:

Payan is a young woman of 22 from the east of Nepal. Her father left the family some time ago and her



Payan

mother works in Kuwait. Payan, like any young person, is hoping for some good things in life and recently started a bachelor's course in Kathmandu. However, she started to feel unwell and found that she has leprosy and is suffering from a lepra reaction where her body is reacting to the leprosy antibodies in her system. This makes people very unwell and can last a long time. It is usually treated with steroids which reduce the body's reaction and allow things to stabilise. If it is not controlled, it can cause progressive nerve damage. However, the leprosy medicines give the skin a very red colour and the steroids produce a lot of swelling. This, along with the general sickness that the reaction produces, makes



Pradeep

for a long and miserable time. Payan and her brother **Pradeep** (who is 21) are currently at Lalgadh with the same illness, and missing all the holiday fun in Nepal. Pradeep has studied to class 11 but has not taken the exam yet. Do please pray for these young people who have so many hopes and yet so many challenges. Pray that their bodies recover well and that they are encouraged by their time at Lalgadh and drawn by the love and compassion they receive.

Assis is about 17 years old and was first diagnosed with leprosy when he was 13. His parents did not look after him properly and he ran off to Kathmandu when he was 15 to look for work. He got a job painting statues and earned about 5000 rupees a month which kept him going. However, he recently became ill, and went to his auntie in Tulsu, north of Lalgadh, and she sent him to Lalgadh. Like Payan and Pradeep, Assis has a reaction and needs to have steroids, and will be at Lalgadh for some time. It is hard for a young lad to be patient. He just wants to be back in Kathmandu making his own way.



Assis



Wandering further through the wards, we met **Harka Man**, an old friend who was one of the first patients at Lalgadh. He recognised Mike straight away and asked after his family, and they both had a good catch-up. Harka Man first walked into Lalgadh in about 1991 with all his possessions on his head, wondering if we could help him. 27 years on, he still pops in now and then to get an ulcer fixed up, to get some new glasses or shoes, or sometimes to see his daughter Dambar Kumari who lives in the nearby Care Haven. Lalgadh has been a refuge for Harka Man for many years and has enabled him to continue living in his home community, not far away, for most of that time. He loves the Lord.

Granny Update (by Mike)



Dauna Devi is a lady of about 70 who is supported by one of you with a small pension. This enables her to buy food and clothing and has taken away the gnawing anxiety about where the next meal will come from. She is partly cared for by some nice neighbours, Kushma and Ambar Jeet (pictured left), who have been cooking for her for about 20 years. When we arrived they were with her, along with a bunch of children.

Sumitra Devi is another lady supported by one of you. She was struggling with the cold and has difficulty breathing, for which she is receiving treatment. However, this has made collecting firewood for cooking difficult, so we provided a new blanket and a gas stove to make things more comfortable. She was very pleased to see us, as we have known her for more than 20 years. *Thank you for supporting these ladies.*



Vitality Run 2019

The next Vitality London 10000 run will take place on May 27th 2019 and we would be thrilled if some of you would like to run for NLT. This year we had 5 runners who all enjoyed the event, and successfully completed the 10 km run. *We are really hoping to fill 10 places next year.* If you can run a bit, and would like to support NLT in the Vitality London 10000 and raise some much needed funds, please get in touch with us as soon as you can.



NLT book - 'A Touch of Providence' an ideal gift for this Christmas



Christmas is almost upon us again, and you are probably well into deciding what presents you should get for whom.

'A Touch of Providence' has been enjoyed by quite a number of people now, and the feedback has been excellent. Those familiar with the work of NLT have found the pictures and stories - especially from the early days - fascinating, and the breadth of the work now being done, amazing. Those who know Eileen and whose lives have perhaps been impacted by her example of 'love in action' have been thrilled to learn more about this remarkable lady, who was not deterred by discouraging people or situations, but pressed forward with faith and determination into all that God wanted to do for people affected by leprosy. Buy someone a copy for Christmas - only £10 including postage - discounts for multiple copies. (See our website for more details or email us: info@nlt.org.uk)

Nurse Ruku

Some of you will be aware of Nurse Ruku's 10-year battle with cancer, and have prayed for her. Ruku has had a period of several years' remission, but in October we heard that the cancer has spread again. Mike spent time with her in November and she is in good spirits but values our prayers. Because her lungs were damaged by the last cancer episode, she was already taking regular and expensive chemotherapy costing her about £1800 per year. Now she has to take an additional chemotherapy medicine which costs a further £1400 per year. A number of you have helped with these costs and she is enormously grateful. The doctors have not given any indication as to how long this treatment must continue, and it is way beyond her means. *Please do continue to pray for Ruku who has worked at Lalgadh for over 20 years and is on a very difficult personal journey.*

World Leprosy Day 2019

Sunday January 27th

World Leprosy Day is observed internationally every year on the last Sunday of January, to increase public awareness of leprosy. This day was chosen in commemoration of the death of Mahatma Gandhi, the leader of India who had great sympathy for the poor and understood the importance of helping people with leprosy, who are mostly amongst the very poorest.

Would you like to host a



on our behalf?

Any funds raised would help Nepal Leprosy Trust to continue its work in Nepal for some of the poorest people in the world.

We can provide you with literature, etc.

Of course, it would be lovely to see photos of these different coffee mornings from around the country.

Contact: enid@nlt.org.uk or 020 8940 1200

Events coming up...

1st Dec 2018 - Bookham Coffee Morning & Sale

27th Jan 2019 - World Leprosy Day

27th May 2019 - Vitality London 10000 run

